

# IPAMORELIN PATIENT EDUCATION SHEET

## What is Ipamorelin?

Ipamorelin acts in a completely different way to stimulate growth hormone release. Ipamorelin helps to release growth hormone because it mimics ghrelin. Ghrelin is one of three hormones which together act to regulate growth hormone release from the pituitary gland. This is an important distinction between both peptides because Ghrelin also works at the pituitary gland and is responsible for initiating the breakdown of fat for use as energy as well as preventing the breakdown of muscles.

#### **Indications:**

- Improve sleep quality
- Increase bone density
- Increase muscle mass
- Improve skin elasticity
- Regenerate nerve tissues
- Strengthen the immune system
- Improve memory

### What you need to know:

Ipamorelin should not be used while pregnant or breastfeeding. Always tell your physician about all medications and supplements, especially corticosteroids and thyroid medications, that you are taking. Common side effects of Ipamorelin include reactions at the injection site, such as pain, redness or swelling along with flushing of the face; and less than 1 percent of patients report dizziness, headache or hyperactivity.

#### **PATIENT BENEFIT:**



INCREASE BONE DENSITY



IMPROVE MEMORY

