GW 1516PATIENT EDUCATION SHEET

What is GW1516?

GW1516 (Cardarine) – Fat Metabolism and Endurance Support. GW1516, also known as Cardarine, is a research compound that helps shift the body's energy source from carbohydrates to fat. This action supports improved fat burning, increased energy efficiency, and enhanced endurance. It works by activating the PPARδ pathway, which plays a key role in regulating metabolism and how the body uses fuel. Unlike stimulants, GW1516 does not increase heart rate or blood pressure.

Research and user reports suggest it may support:

- Greater stamina during physical activity
- Faster recovery after exercise
- Improved fat loss while preserving lean muscle

What you need to know:

It is important to note that these studies were done in animals and more research is needed to understand if GW1516 is safe and effective in humans.

Indications:

- Weight loss
- Aid in diabetes
- Improve athletic performance
- Control insulin and glucose

PATIENT BENEFIT:



