



What is DHH-B?

Honokiol is a poly-phenolic compound that exerts neuroprotective properties through a variety of mechanisms. It has therapeutic potential in anxiety, pain, cerebrovascular injury, epilepsy, and cognitive disorders including Alzheimer's disease. It has been traditionally used in medical practices throughout much of Southeast Asia, but become more widely studied due to its pleiotropic effects.

DHH-B, dihydro**honokiol**-B, is a natural supplement which has anxiolytic-effects. Treatment with DHH-B does not cause any significant changes in motor activity or muscle relaxation. Benzodiazepines are some of the most commonly prescribed medications in the United States. These anxiolytics have many well-known side effects including motor function and more. That being said, this product has the potential to help people transition from benzodiazepines to DHH-B or act as an alternative to benzodiazepines.

What is DHH-B's dosage?

DHH-B comes in 7.5mg capsules. Take 1-2 capsules as needed, effects diminish after 3-4 hours.

Why would I use DHH-B?

DHH-B has been shown to reduce the feeling of stress and anxiety when taken.

What You Need To Know

Alcohol should be avoided when using this supplement. This supplement may provoke sleep when alertness is required.

PATIENT BENEFIT:



**REDUCE STRESS
AND ANXIETY**

