



Peptide Names	Strength	Volume for Reconstitution**	General Dosing Guidelines*	Indication
Vial Products				
Thymosin Alpha-1	10 mg/vial	2 ml	1.6 mg (0.32 ml or 32 units) SC twice weekly (2 times/week)	Immunity
Thymosin Beta-4	10 mg/vial	2 ml	0.5-1 mg (0.1-0.2 ml or 10-20 units) SC OD	Wound Healing/ Hair Growth
PNC-27	5 mg/vial	2 ml	200-300 mcg (0.08-0.12 ml or 8-12 units) SC 3 times/week	Cancer
Met 5-Enkephalin	20 mg/vial	1 ml	10 mg (0.5 ml or 50 units) SC BID twice weekly (2 days/week)	Cancer
GHK	10 mg/vial	1 ml	2.5 mg (0.25 ml or 25 units) SC 3 times/week	Cancer
BPC-157	5 mg/vial	1 ml	1 mg (0.2 ml or 20 units) SC OD	Wound Healing/ Gut Health
PT-141	10 mg/vial	1 ml	1-2 mg (0.1-0.2 ml or 10-20 units) SC up to 3 times/week 1-2 hours prior to desired effect	Libido
CJC-1295	5 mg/vial	2 ml	100-200 mcg (0.04-0.08 ml or 4-8 units) SC 5/7 days/week fasting 2-3 hours prior to injection	Growth Hormone
Ipamorelin	5 mg/vial	2 ml	100-200 mcg (0.04-0.08 ml or 4-8 units) SC 5/7 days/week fasting 2-3 hours prior to injection	Growth Hormone
AOD-9604	5 mg/vial	2 ml	0.5 mg (0.2 ml or 20 units) SC BID	Growth Hormone
Tesamorelin	10 mg/vial	1 ml	1 mg (0.1 ml or 10 units) SC 5/7 days/week fasting 2-3 hours prior to injection	Growth Hormone
Melanotan II	10 mg/vial	2 ml	150 mcg (0.03 ml or 3 units) SC OD 7-14 days then 500 mcg (0.1 ml or 10 units) SC twice weekly (2 times/week)	Tan skin/ Libido
DSIP	5 mg/vial	2 ml	250-500 mcg (0.1-0.2 ml or 10-20 units) SC hs (2-12 hrs before bed)	Sleep
Epithalon	50 mg/vial	1 ml	10 mg (0.2 ml or 20 units) SC every 2-3 days for total 150 mg (15 inj total) - can repeat one more time per year after 6 months (2 times/year)	Anti-Aging/ Sleep Improvement
MOTS-c	5 mg/vial	0.5 ml***	10 mg (1 ml or 100 units) SC once weekly (1 time/week) Inj within 5 mins after reconstitution	Mitochondrial Support/Weight Loss
SS-31	10 mg/vial	1 ml	5-10 mg (0.5-1 ml or 50-100 units) SC OD	Energy/ Mitochondrial Support
GHK-Cu	50 mg/vial	3 ml	2 mg (0.12 ml or 12 units) SC OD	Anti-Aging/ Skin/ Hair
LL-37	5 mg/vial	1 ml	100-300 mcg (0.02-0.06 ml or 2-6 units) SC OD	Antibacterial/ Antimicrobial
FOX-04 DRI	10 mg/vial	1 ml	100-400 mcg/kg IV every 2 days 3 doses over 5 days	Anti-Aging
ARA 290	20 mg/vial	2 ml	4 mg (0.4 ml or 40 units) SC 4 times/week	Nerve Pain/ Inflammation
Cerebrolysin	10 ml/vial	Solution for injection	1 ml SC OD 40-80 days or 10-50 ml IV infusion (within 15 mins) in NSS (at least 100ml) OD 2-4 weeks	Neurologic Function/ Repair

*Provided as a standard protocol, dose may vary depending on the condition of the patient.

It is recommended to use **sterile water for injection (except MOTS-c) instead of NSS/D5W. Keep **refrigerated (2-8 °C)** after reconstitution.

***For the **MOTS-c**, it is recommended to use **NSS** instead of D5W/sterile water for injection to reduce irritation. Keep **refrigerated (2-8 °C)** after reconstitution.



Peptide Names	Strength	Packing Size	General Dosing Guidelines*	Indication
Oral Products				
BPC-157	500 mcg/cap	30 caps/bottle	500-1,000 mcg (1-2 caps) daily	Wound Healing/ Gut Health
Dihexa	10 mg/cap	30 caps/bottle	10 mg (1 cap) OD for 30 days	Focus/ Neuro Function
5-Amino-1MQ	50 mg/cap	90 caps/bottle	150 mg/day (3 caps) daily	Energy/ Weight Loss
Tesofensine	500 mcg/cap	30 caps/bottle	500 mcg (1 cap) OD in the morning	Energy/ Weight Loss
DHH-B	7.5 mg/cap	60 caps/bottle	7.5-15 mg (1-2 caps) as needed	Anxiety
Noopept	10 mg/cap	30 caps/bottle	10 mg (1 cap) OD for 30 days	Mood/ Concentration
MK-677	25 mg/cap	30 caps/bottle	25 mg (1 cap) OD on an empty stomach	Growth Hormone
LGD-4033	500 mcg/cap	30 caps/bottle	500 mcg (1 cap) OD for 30 days in cycle (one month on, one month off)	Muscle Building
NMN	250 mg/cap	60 caps/bottle	500 mg (2 caps) OD	Anti-Aging
GW1516	10 mg/cap	30 caps/bottle	10 mg (1 cap) OD	Weight Loss & Performance
Nasal Spray Products				
Selank	750 mcg/spray(0.1ml)	1 nasal spray (6 ml or 60 sprays)	1 spray in each nostril 1-2 times daily (night time)	Focus/ Neuro Function
Semax	750 mcg/spray(0.1ml)	1 nasal spray (6 ml or 60 sprays)	1 spray in each nostril 1-2 times daily (day time)	Focus/ Neuro Function
PT-141	2.5 mg/spray(0.1ml)	1 nasal spray (6 ml or 60 sprays)	1-2 sprays in each nostril 1-3 hours prior to desired effect	Libido
Oxytocin	20 iu/spray(0.1ml)	1 nasal spray (6 ml or 60 sprays)	1 spray in each nostril OD	Libido
PE-22-28	400 mcg/spray(0.1ml)	1 nasal spray (6 ml or 60 sprays)	1 spray in each nostril OD	Depression
Topical Products				
PTD-DBM + Valproic Acid	0.1% in 25 ml cosmetic dropper	1 bottle	Apply to cover area	Hair Growth
Duo GHK-Cu + Zinc Thymulin	0.2% in 25 ml cosmetic dropper	1 bottle	0.8-1 ml (1 dropper) OD HS	Skin Repair
Trio GHK-Cu + Argireline + Leuphasyl	0.5% + 0.2% + 0.5% in 30 ml topiclick	1 topiclick	1 ml (4 clicks) OD HS	Wrinkles /Fine Lines
Oligopeptide-34	0.5% in 30 ml topiclick	1 topiclick	1 ml (4 clicks) OD HS	Skin Whitening

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